

L A M B D A

HAPPY

NEW YEAR



Thursday, January 8th, 2004  
Volume #99, Issue # 9



## Orientation for Current and Potential Graduate Students

**A**ll current and potential Graduate Students are cordially invited to attend a "Question and Answer" session to be held on Friday, January 9, 2004 from 1:30 pm to 3:30 pm in room C309.

Important information will be provided by representatives from the School of Graduate Studies and Research, Office of the Registrar, the Office of Student Life, the Student Awards Office, the Treasury Office, the Graduate Student Association, the J.N. Desmarais Library, Computer Services, Intellectual Property and Technology Transfer Office, Counselling and Resource Centre and Special Needs Office.

At 6:00 pm the Graduate Student Association will host a Pub Night. Everyone is welcome. For more information call 675-1151, extension 3204.

## Ask Alli: The In-House Advice Guru

**D**ear Alli

I am currently dealing with something, which is causing me a great deal of trouble. I went away with my family this summer and met someone who I ended up being in a relationship with, and who I still really care about. However, due to distance between where he lives and where I live I have not seen him since August, and am not able to talk to him any more really either. I don't know how to deal with that, because it just seems really final, and I wish it could be different for us. I know I should just be able to get over this, but it seems that every time I see happy couples in real life or on TV I feel really upset and jealous. I know that I will probably never be able to see him again, but there is nobody else that I want to be with right now. Please help me.

**A**lli's Response

Thank you very much for writing and I really appreciate your honesty. First of all I would like to say that summer relationships often occur in this manner. As students we sometimes end up working jobs which are seasonal and also far from where we live. With the summer season also comes vacation and lots of travel time. During this time we usually make many relationships with friends or perhaps relationships of a more intimate kind.

However, as a result of the uncertainty, the distance, and the spontaneity of the summer months these relationships do not always last through to the fall. This is a very normal occurrence, nevertheless this does not make it any easier to confront.

It sounds to me as though you may be having some difficulty as a result of your relationship ending in such an abrupt manner. You may be searching for some form of closure, which often helps one to move

on after a relationship has ended.

According to Allen (2002), when many relationships end closure is often achieved through both parties having a discussion about the ending of the relationship. Closure can also be achieved when a significant event occurs which causes deep reflection and exploration (Allen, 2002). Closure is also something that can assist in dealing with many other issues throughout life. Things such as a death in the family, the loss of a job, or even the loss of a pet are all experiences, which require one to reach closure. All of these experiences have touched people at some point during their lives (Allen, 2002).

You might want to think of other times in your life when you have had to seek out resolution or closure and how it was that you dealt with that particular experience. What pulled you through? What coping mechanisms did you have or use? What were the things in your life that kept you feeling strong? When thinking back at similar past events and experiences this may be able to guide you through the current situation you are enduring.

Allan (2003), suggests a few things that you may want to try in seeking out closure. Exploring these ideas in the form of journaling, looking at pictures, or writing a letter to the person you wish to feel closure from are often beneficial and tactile ways that you could try.

I wish you the best of luck and thanks again for writing. Please do not hesitate to contact the Laurentian Office of Student Life for free confidential counseling services.

Laurentian Office of Student Life: 673-6506

All the best,  
yours truly,  
Alli

**All questions are kept confidential. Please send all questions to ask\_alli@hotmail.com. Thanks for all of your input.**



### GONNA BE A BEAR

In this life I'm a woman. In my next life, I'd like to come back as a bear. When you're a bear, you get to hibernate. You do nothing but sleep for six months. I could deal with that.

Before you hibernate, you're supposed to eat yourself stupid. I could deal with that too.

When you're a girl bear, you birth your children (who are the size of walnuts) while you're sleeping and wake to partially grown, cute, cuddly cubs. I could definitely deal with that.

If you're mama bear, everyone knows you mean business. You swat anyone who bothers your cubs. If your cubs get out of line, you swat them too. I could deal with that.

If you're a bear, your mate EXPECTS you to wake up growling. He EXPECTS that you will have hairy legs and excess body fat.

Yup, gonna be a bear!





**Lambda Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Students' General Association.**

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Sudbury, ON, P3E 2C6  
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lambda@laurentian.ca**

#### **Write to Us**

**But please remember to include your full name and student number. Articles and letters submitted lacking this information will not be considered for print. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexual or for length. Letters of a harassing or slanderous manner will be dealt with by the proper authorities.**

#### **E-mailed Submissions**

**If you are emailing us a submission for the paper, please ensure that the attached file is saved as TEXT or Word, because we cannot transfer other files to Mac format. As well, please ensure all submissions have your name and student number because articles submitted lacking this information will not be considered for print.**

# 2004 Has Come A'knockin' At Your Door!

**By: Taryn Verde**

Over the holidays, I was assigned to read an essay entitled New Year's Eve by Charles Lamb, a Romantic writer. In his opening sentence he stated his belief that "everyman hath two birth-days, at least, in every year, which set him upon revolving the lapse of time, as it affects his moral duration". The first, he explains, is one's actual date of birth, but soon dismisses the importance of its yearly occurrence in comparison to the birth of a new year. It is here that he states, what we still do nearly two centuries later: "the birth of a New Year is of an interest too wide to be pretermitted by king or cobbler."

No one ever regarded the First of January with indifference. It is that from which all date their time, and count upon what is left." In plain English, he simply said that the birth of a new year cannot be ignored and is a time to reflect upon the past, and look towards the future. Is this not what every one of us does at the start of each new year?

A new year offers us another chance to start over, to change the way our lives are headed and to make a few resolutions, that if we are lucky, will last until February. I know that at the strike of twelve midnight signaling 2004, even though you couldn't see straight and was hanging on to some stranger, you still promised yourself that this year will be different. In your head, new year resolutions were brewing: I will not drink on Sundays, so that I can go to class sober at least one day a week. I will not start my assignment the hour before, I will start it the night before. I will not eat junk food between four and five o'clock each day, so I won't ruin my supper. I will no longer take the elevator to get to class, I will use the stairs to get exercise.

Ok, so maybe I should give us a bit more credit, but honestly, why make a New Year's resolution if it will not even last the year, or the first week for that matter? Well, maybe, instead of listing the things you will

not do, make a list of things you will do and don't be too specific: I will cut down on my alcohol consumption. I will try to keep procrastination to a minimum. I will eat healthier and exercise more. By not being specific, you leave room for error, but you also won't feel as though you have failed to reach your goal. If you set small, realistic goals for yourself, they will be more easily attained and you will feel better about yourself and your abilities. And don't be afraid to reward yourself every once and a while – it's a good excuse to throw a party and no one will ever question why nor object to your reasoning.

But if making resolutions isn't your cup of tea, I propose to you, instead, a few wise words to live by as you make your way through 2004.

**Do one thing everyday that scares you.**

**Do what you think you cannot do.**

**Look to the brighter side of life.**

**Take chances.**

**Do the best you can.**

**Believe in others and most importantly believe in yourself.**

**Conquer your fears with love.**

**Learn from your mistakes.**

**Be yourself.**

**Go down the uncharted path.**

**Follow your heart.**

**Be a good friend.**

**Laugh more. Cry less.**

**Listen more. Talk less.**

**Never give up on your dreams.**

**When one door closes, just open another.**

**Be happy with how far you have come.**

**Do not compare yourself to others.**

**Patience.**

**Take one thing at a time.**

**Live now.**

**Don't rush the good things, but don't wait forever either.**

**If you look for happiness, you will never find it.**

**Learn. Explore. Discover.**

**CARPE DIEM.**

In the end, who is to know what 2004 will bring? Sure it is sad that the door is closed to 2003, and we can only revisit the year through our memories. But 2004 has opened its door to us and it is filled with many opportunities waiting to be experienced. Make sure you capture each moment because before you know it, you will be saying good-bye to this year and welcoming in 2005.

There is an ancient Babylonian belief that what you do on the first day of the new year, will have an effect or foreshadow the year to come. So here's hoping your New Year's Eve was filled with love, and friendship, happiness and good cheer, an abundance of drinks, many hugs, kisses and good wishes for 2004. My best to you all in 2004, and as the year progresses, keep in mind that it's never too late to start over and be the person you always wanted to be.

*"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."*

*~ Mark Twain ~*

## Huntington University Presents the "5-Penny New Music Concerts."

Huntington University present the first concert of a new concert series entitled "5-Penny New Music Concerts." The Estria Wind Quartet (of The Musica Nova Ensemble) from Sherbrooke, Quebec, start off the series with a concert entitled "New Winds."

This ensemble is made up of four dynamic musicians - flutist Kate Herzberg, oboist Etienne de Medicis, clarinetist Pauline Farrugia, and bassoonist Michel Bettez - who have devoted their careers to the repertoire of the twentieth and twenty-first centuries.

The group present a recital of works written by eminent composers such as the Korean, Isang Yun, and the American, Elliott Carter. A recent work for solo clarinet written by Sudbury composer Robert Lemay and a world premier written by the young Sherbrooke composer Mario Turmel will add a Canadian flavour to the evening's presentation. Since its formation in 1989, THE

MUSICA NOVA ENSEMBLE has been presenting new music concerts that combine a healthy mix of 20th century masterpieces with more recent 20th and 21st century works, including its own commissioned works.

To date, Musica Nova has commissioned and premiered over 20 new works written by composers from across Canada. The ensemble today counts among its members some 15 musicians including its woodwind quintet in residence, THE ESTRIA WOODWIND QUINTET. THE ESTRIA WIND QUARTET is made up of members from the woodwind quintet of the same name. ESTRIA has existed since 1997 and is regularly featured by La Société Radio-Canada.

In recognition of the quality of its performances, Estria has received grants from The Canada Council for the Arts, Le Conseil des Arts et des Lettres du Québec and the cities of Sherbrooke and Lennoxville to commission and premier new works, to

complete international tours and to produce its own concerts. To date, Estria has commissioned and premiered over a dozen new works for winds and it continues to inspire new creations from Canadian composers. The group has performed in Canada, the United States and Europe. Future projects include a national tour and a CD of Canadian works that will be released on the ATMA recording label in 2005.

Under the artistic direction of Robert Lemay and Yoko Hirota, members of Huntington University Music Department, the 5-Penny New Music Serie explore the rich and varied musical repertoire of the twentieth and twenty-first centuries.

The concert will take place on Saturday, January 10, 2004, at 8 p.m. at St. Andrew's Place in Sudbury. General admission is \$10 and \$8 for students and seniors. Tickets are available at the door, Huntington University (Room 117), or Black Cat Too!



## SGA Donates Funds To Library



Erica Mieto, President of the SGA and Ashley Thomson, from the library, examine a couple of new paperbacks purchased with funds donated by the SGA.

Each year the SGA donates \$500 to the library to be spent on the purchase of new paperbacks. Inside each book purchased is a donation plate acknowledging the source.

"The library is unable to use its scarce funds to purchase anything not directly related to the curriculum", says Ashley Thomson, Chair of the Instruction

and Information Services Dept. "We appreciate the SGA's generous ongoing support for this programme and we know from our circulation statistics that students appreciate it as well".

The paperback racks are located just outside the entrance to the Brenda Wallace Computer Rom on the second floor of the library.

## World's Best Mountain Films Set to Unleash Adrenalin

On Thursday, January 15, at 7 p.m., several of the best movies presented at this year's Banff Mountain Film Festival will be shown at Laurentian University's Fraser Auditorium. Outdoor oriented trade booths will be on display at 6 p.m. in the building's lobby. Tickets are \$12 in advance and \$14 at the door. They may be purchased at Laurentian's Department of Active Living, Rocks, Kwik Way (on Lasalle Blvd), and The Outside Store.

This is the sixth year the University's Outdoor Adventure Leadership Program has hosted the event. From ice climbing in the Canadian Rockies to paragliding in the Himalayas, from the nomadic lives of Tibetan herders to the climbing adventures of Biscuit the dog, this year's Banff Mountain Film Festival World Tour captures the spirit of mountain adventure. Films in this year's tour feature a wide variety of stories, from mountain sports, to mountain culture and environment. They explore virtually every corner of the globe, including Iceland, Norway, Mexico, Nepal, Bhutan, Montserrat, China, Siberia, Italy, Pakistan, Croatia, Switzerland, Canada, and the United States.

Tour highlights are plentiful. Here are some of the films that may be screened in Sudbury. Front Range Freaks: Biscuit profiles a small dog

with a big appetite for rock climbing. A Man Called Nomad examines the dilemma of nomadic herders caught in the interface between their traditional lifestyle and the changing world around them. Wehyakin follows a crew of international paddlers as they plunge through spectacular white water in Iceland, Norway, and Mexico.

The Other Final tells the story of a game between the lowest ranked teams in international soccer - Bhutan and Montserrat - which was played against a mountainous Bhutanese backdrop on the same day as the World Cup Final; the match is more about the love of sport than the final score.

Now in its 28th year, the Banff Mountain Film Festival is the preeminent festival of mountaineering matters in the world. This year, the festival received more than 300 entries from 38 countries for the competition. Immediately after the festival, Banff Center launches its World Tour, a winding journey of the best films to cities around the world. This year, the tour will wind its way through North and South America, Europe, South Africa, Poland, India and Iceland.

More information on the Banff Mountain Film Festival is available at [www.banffmountainfestivals.ca](http://www.banffmountainfestivals.ca).

## Is Economic Diversification the Answer for Rural Communities?: What Was the question?

By: Derek Wilkinson

Director of the Institute of Northern Ontario Research and Development

Marjorie Page and Roland Beshiri think that economic diversification is a solution for rural areas. In the latest "Rural and Small Town Canada Analysis Bulletin" just published on Tuesday, December 9, (get it free at [www.statcan.ca](http://www.statcan.ca)), they say diversification "makes communities less vulnerable to economic variability."

They measure diversification using the Herfindahl Index and claim that for regions (Census Divisions) levels of diversification did not change much from 1981 to 1996. However, ranges did change and expanded over the period. There were even larger ranges for communities (Consolidated Census Subdivisions).

Interestingly, there was a large range of variation for communities even within regions. Between 1986 to 1996 about 64% of rural communities diversified while the rest specialized. Most rural communities were already quite diversified and became more so. That's encouraging for Page and Beshiri.

Town folk listen to policy wonks. When these experts praise diversity, they shift to coffee-shop opinions in downtown Tinsask. Joe says it's better to have new businesses come in from away. Dana decries the old businesses that don't create a new image for the community. Carl opines that getting a widget factory to move from Brampton would help local employment. Joan adds that her kids might then be able to stay in town. Tom thinks the town needs tourists. Mary likes Big Macs and wants a McDonald's in town. The folks in Tinsask will then buy from newer businesses, support new-business-promoting politicians, and let older businesses plateau or flounder.

The story of Greater Sudbury is an interesting case in point. It too was considered deprived. Fifteen years ago, a government report argued strongly that Sudbury was too specialized in and dependent on mining - it needed to diversify. As a result, the community concentrated socially and economically on promoting non-mining-industry development. It has been doing that for a decade and our population is still shrinking.

It took Dr. David Robinson, a deviatory economist who teaches at Laurentian University, to point out the flaws. Growth requires markets. If you produce the same stuff as Toronto, you will have to compete with Toronto producers. And Toronto producers, compared to both Tinsask and Sudbury, have easier access to cheaper products, better legal, accounting, and architectural services, as well as greater access to qualified labour. Markets are nearer, advertising more accessible, and transportation cheaper. Indeed, sometimes I think the diversification theory is really a Toronto-Ottawa plot to keep Southern Ontario on top.

The October 2000 INORD employment commentary written by Drs. Claude Vincent and David Robinson (free at [inord.laurentian.ca](http://inord.laurentian.ca)) compared the Herfindahl index for industry over time in Census Metropolitan Areas. They found no

clear relationship between the Herfindahl and the amount of unemployment. They went on to argue that diversification would neither solve Sudbury's economic woes nor reduce unemployment.

Page and Beshiri present new information on diversification and employment growth. Recalculating their numbers shows that 65% of the diversifying communities had a growing labour force, while 62% of the specializing communities had a growing labour force. Such a small difference (only 3%) supports the Vincent-Robinson conclusion that diversification does not really help employment growth.

David Robinson advocates an alternative economic idea, cluster development. He wants to promote the mining supply and services cluster. Clusters are groups of related and connected industries that share reliance on common labour, skill, product, or process requirements and hence help support each other's conditions of existence even though they are competitors.

It is developing those symbiotic webbed businesses that can propel communities and regions into distinction, making them better and more attractive than Toronto and Ottawa for products linked to their clusters. They'll be able to compete, prosper, develop and grow.

The New Rural Economy research project, directed by Bill Reimer from Concordia University (more info at [nre.concordia.ca](http://nre.concordia.ca)), suggests rural areas need to find a way to parlay their resources and amenities into economic initiatives by developing connections with specific urban areas. Globalization and the information economy mean communities cannot succeed without market involvement and specialization. That fits with the cluster view.

Not every community can create a cluster. Just as there is a wide variation among diversities, there are also wide variations in other necessary characteristics such as skill in governance and social cohesion. For many areas, working out how to have the private sector, the public sector, and the voluntary sector cooperate and support each other will be crucial in achieving a plan and a direction. Clusters are not for every community.

The famous Hitchhiker's Guide to the Galaxy pointed out the perceptive truth that to understand an answer you sometimes need to know what was the question. I surmise that the Page-Beshiri question was "How can we protect the current state of our community (whether slow growth, stability, or decline) from the influence of global market shifts, currency crises, and distant political decisions?" Indeed diversity is that answer. The Robinson question is "How can we reverse Sudbury's population decline and inaugurate a few decades of healthy economic growth and rising employment?" Diversity is not that answer. Why would anyone expect the answers to be the same when the questions are so different?



# *SGA's Menu of Spectacular Second Semester Services*



*Contact us*

*SCC 212 - Student Centre [sga@sga.laurentian.ca](mailto:sga@sga.laurentian.ca) - 673-6547  
[WWW.SGA.LAURENTIAN.CA](http://WWW.SGA.LAURENTIAN.CA)*



# "Down the Road with the SGA/AGE"



By: Erika Mieto, SGA/AGE President  
president@sga.laurentian.ca

Well, first semester is far behind us with second semester in our midst. All in all I must say I am very impressed with our programming and increased use of services by our student members. The SGA/AGE staff and executive are seeing increasingly more students visit our office and make use of our fax service, discounted purveyor service, food bank, and 24 hour photo developing, among many other things.

In the past few months I have also met with various students in regards to SGA/AGE programming, academic concerns, student services, bursary usage, and academic appeals, to name a few. This is great, and I would welcome more students to visit the SGA/AGE office, as our door is always open for our students. As SGA/AGE President my first and foremost concern is our students, and the SGA/AGE is a student organization which exists for one main reason – to service you the stu-

dents! If you have a question, concern, or an issue, come see us, we probably will have an answer, solution, or we will at least be able to direct you along the right path.

If you missed some of our events during first term, no need to fret, there is plenty more to come for second semester! Raye Lemke, our Vice-President Student Services, and Chas Anselmo, our Vice-President Student Issues have been working very hard over the month of December to organize our programming for second semester.

On Saturday January 31st, the SGA/AGE will be hosting the 4th Annual Charity Ball. This year's theme will be BLACK & WHITE which means you and your friends (or date) get dressed in your best, or most creative attire as long as your outfit is composed of black or white clothing. So if you decide to go with a black cocktail dress and white pearls, or black dress pants and a white dress shirt that's great! However, you can also get a little creative (try out Value Village) and organize an attire completely your own (for example – black cowboy hat, with a white tee, and black skater shorts with black and white Polka-dot socks – could be interesting to say the least). But the main idea behind this is that all LU students will be able to attend the SGA/AGE Charity Ball, regardless their budget. Everyone has at least one item of clothing either black or white – and you need not go out and blow your whole budget on something to wear to the occasion. Come to our office to pick up your ticket ASAP – they're going fast!! And all funds raised will help to

benefit the Maison La Paix, a local Sudbury AIDS hospice.

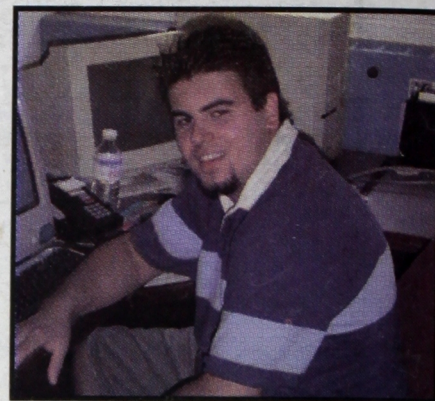
On February 4th, Laurentian student leaders are organizing a Day of Action. The day has been dedicated to raising awareness about post-secondary issues. Throughout the day various events will be taking place in the Student Centre. For more information, please contact Chas Anselmo, SGA/AGE Vice President Student Issues at vpissues@sga.laurentian.ca.

If you had a chance to participate in our 1st Annual Curling Tournament, you best be sure to sign up for our Bowling Tournament this term. We have still yet to set a date but are anticipating that the tournament will be held in early March. There will be great prizes to be won, and a cheap rate to enter in the all day tournament. See our website [www.sga.laurentian.ca](http://www.sga.laurentian.ca) for details, or visit our office on the second floor of the Students' Centre.

Watch out for a great semester of programming in the Pub Downunder. Pub Manager, Tracy, and Mike, head of Pub Promotions are working with our Molson team to offer our Pub Patrons a semester packed with great promotions, and events (I hear there is even talk about a HOT TUB).

All in all, hope you enjoy our insert to the first LAMBDA issue of 2004. Glad to have our students back for second semester, if you haven't had the chance to drop by our office – please do, we're on the second floor of the Student Centre (just above the Great Hall caf). Otherwise, have a great 2004, and all the best of luck with your studies!!

## The Rest of the Team in Case you Didn't Know



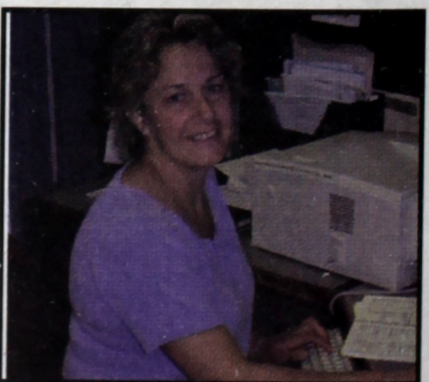
Chas Anselmo  
VP Issues  
4th year Poli-Sci Student



Raye Lemke  
VP Services  
2nd year Commerce Student



Tannys Laughren  
Executive Director  
MBA



Maryse Boisvert  
Office Coordinator

## APPETIZERS

Our collection of services aims to provide the little things you need on a budget you can afford. Take advantage of what we offer and make sure to try more than one!

**SGA/AGE**  
students' general association  
association générale des étudiants/tes

Prenez quelques moments pour vérifier la différence entre les deux associations d'étudiants à temps plein. En vous enregistrant, vous devez en choisir une... ceci vous aidera à choisir!

Take a few moments to review the difference between the two student associations for full time students. When you register, you must select one... this will help you choose!

**Services de l'AGE**

- \* Service de télécopieur: Local - Gratuit
- International \$1 pour les 5 premières pages
- International \$2 pour les 5 premières pages
- \* Pub Downunder - propriété et dirigé par l'AGE
- \* Événements spéciaux - SEULEMENT pour les membres de l'AGE
- \* Annuaire d'exemple de santé
- \* Bourses au excès de \$600,000
- \* D'autres bourses de l'AGE, comprenant celle de Terri MacMillan
- \* Développement de photo en 24 heures
- \* Service de livraison des ardoises - GRATUIT
- \* Banque de NOURRITURE
- \* Tauxé IMAGINUS en octobre
- \* Service Purveyor (frais réduit)
- \* Logement hors campus
- \* Centre d'échange/salle de jeux
- \* LAMBDA (journal d'étudiant)
- \* Plan de santé
- \* Navette d'opéorie
- \* Radio CKLU 96.7

\* Site web plein d'information [www.sga.laurentian.ca](http://www.sga.laurentian.ca)

\* Plan des financements (salle de séances)

\* Représentation devant la communauté de Sudbury et les politiciens de la région

\* Bibliothèque de ressources d'affaires d'étudiants

\* Assistance en matière d'appels étudiants

\* Centre de femmes

\* Service d'accompagnement

\* Service d'impression

\* Bureau d'enregistrement pour les paroisses

\* CKLU Radio 96.7 FM

\* Aesomp FROSH and WELCOME BACK Kit

\* Grocery Bus on Saturday

\* Graduation Photography - we pay the sitting fee for YOU

\* FREE Legal Advice

\* Income Tax Preparation Service

\* Public Forum and Debates

\* Active and Informative Web Site: [www.sga.laurentian.ca](http://www.sga.laurentian.ca)

\* Resource Library on Student Issues

**SGA Services**

**The SGA offers you all of this**

- \* Fax Service: Local Fax - FREE
- Long Distance \$1 for the first 5 pages
- International \$2 for the first 5 pages
- \* Purveyor Courier Service at Discount Rates
- \* Funding for Recognized Clubs
- \* IMAGINUS Poster Fair in October
- \* Student Centre / Games Room
- \* LAMBDA Student Newspaper
- \* Health Dismissal Directory
- \* Students' General Campus Room
- \* PUB Downunder - Owned and Operated by the SGA
- \* Special Events for SGA Members ONLY
- \* SGA Scholarships - including the Terri MacMillan Scholarship
- \* 24 Hour Photo Developing
- \* FREE Drop Off and Delivery Service for your Prescriptions

**SGA Affiliated Memberships**

**Membres d'affiliation de l'AGE**

- \* ACHM - Association of Campus Hospitality Management
- \* BACCHUS - Alcohol Awareness and Wellness Group
- \* CFS and CFS-O - Canadian Federation of Students
- \* CART - Canadian Academic Roundtable
- \* COCA - Canadian Organization of Campus Activities
- \* ACLEF - Association Canadienne d'éducation en langue française
- \* BACCHUS - groupe de sensibilisation à l'alcool
- \* ACLEF - association canadienne d'éducation en langue française
- \* COCA - organisation canadienne des activités de campus
- \* CART - académique canadienne
- \* ACHM - association de gestion d'hospitalité de campus
- \* AMCUS - association de jeunes canadiens de collèges et d'universités

THIS IS WHAT YOU GET WITH THE SGA:  
The LARGEST Student Association on Campus  
The ONLY Student Association that offers  
EXCLUSIVE Services

WWW.SGA.LAURENTIAN.CA



# MAIN DISHES

The SGA/AGE is proud to offer a fine selection of events to liven up your winter semester. We have social, sporting and sit-back-and-relax opportunities that are sure to get you and your friends out of the study hall. Don't forget that for every event you attend you are entered into the SPIRIT DRAW for great prizes including jewelry, a television, travel vouchers, a photography package, a mini-fridge, a digital camera and Pub VIP packages.

**Black & White Charity Ball**

Evening of Saturday, January 31, 2004  
Great Hall, Laurentian University

From November 17 to December 12:  
\$15/person  
\$12/person (table of eight)


From January 5 to 23:  
\$20/person  
\$16/person (table of eight)

Tickets NOT available at the door.

Contact the SGA office (ISCE 212) at 673-6547  
or visit the ticket table in the Great Hall Foyer

This is an 18+ event. Proper ID required.

All proceeds from this event  
will go to Maison La Paix



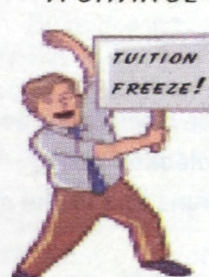
**On FEBRUARY 4  
It's Time to Take Action!**

COME OUT AND JOIN THE SGA/AGE ON A DAY OF  
DISCUSSION ABOUT AN ISSUE THAT CONCERNS ALL  
STUDENTS.

FEATURES INCLUDE:  
SPEAKERS  
FOOD  
A CHANCE TO FIND OUT WHAT THE TUITION FEE  
FREEZE IS ALL ABOUT!

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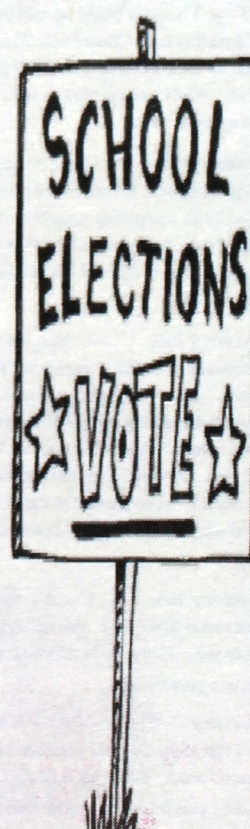


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DESSERTS

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**THE SGA/AGE IS SEEKING A CHIEF RETURNING OFFICER (CRO) FOR THE 2004 ELECTION PERIOD**

**JOB DESCRIPTION:**

- Oversee the election process from prior to the nomination period through to the presentation and submission of a final election report to the Board of the SGA/AGE.

This is a paid position.

**DUTIES:**

- chair the elections committee
- organize hiring of all poll clerks
- ensure that the election is well advertised both in the call for nominations and in the voting period.
- CRO has the authority to set and impose fines and/or disciplinary action on candidates who have infractions of the SGA/AGE election policy
- CRO is responsible to ensure that the SGA election runs in a lawful and orderly fashion

INTERESTED INDIVIDUALS ARE ASKED TO SUBMIT A LETTER OF INTEREST TO THE SGA/AGE BOARD VIA TANNYS LAUGHREN. SUBMISSIONS CAN BE SENT VIA FAX TO 673-6555, EMAIL TO SGA@SGA.LAURENTIAN.CA OR DELIVERED IN PERSON TO THE SGA OFFICE AT SCE 212.

DEADLINE FOR SUBMISSION IS MONDAY, JANUARY 26, 2004.

**Comment s'impliquer 101**

Cherchez-vous à fléchir vos muscles créatifs? Voulez-vous prêter votre temps à une activité amusante et intéressante pendant l'année scolaire? Possédez-vous une curiosité à savoir ce qu'il se passe sur campus avant les autres? L'AGE, c'est l'endroit pour vous. Donc, si vous voulez passer du temps à collaborer à... organiser des prélèvements de fonds le bal de bienfaisance les activités d'estime et de conscience la promotion d'événements ... et rencontrer d'autres étudiant(e)s Venez nous voir à la salle SCE 212!

**Getting Involved 101**

Are you looking to flex your creative muscles? Do you want to be involved in fun and interesting activities throughout the school year? Do you want to know what's going to happen on campus before everyone else? The SGA is the place for you! We have opportunities... Organizing fundraisers Planning or Charity Ball Working on awareness week activities and events Doing on-campus promotions ...Meeting and working with other students. Come see us in room SCE 212!

ON TAP

Here's what the Pub Downunder will be serving up in the New Year. Don't forget about its usual fare of Club Pub Wednesdays, Crazy Thursdays, Event Fridays and Student Saver Saturdays. Please note: AS OF JANUARY 2004 THE PUB WILL NO LONGER MAINTAIN AN UNDERAGE POLICY. AFTER 6PM WED. THRU SAT. THE PUB WILL ONLY BE OPEN TO PATRONS OF LEGAL DRINKING AGE.

January 2004

It's a CANADIAN game

**Schedule of Events**

? January 8th — Welcome back L.U. with our very own Love Connection. Every Thursday Night we will be selecting guys and girls for the Molson Canadian Love Connection. This promo will run until January 29th, where the Molson Extreme Team will give out a romantic getaway for two on Feb. 14th!! Can you trust us with your love life?? All are welcome to join, even those who...

? January 9th — Late But Great New Year's Party. Why?? We just needed a good reason to hold a welcome back L.U. party for 2004. This party will have everything your New Year's Eve party had and more. We will have hats, noise makers, balloons, the countdown, and great prizes. There is no cover charge and clothing is optional....er...I mean dressing up is optional!

? January 10th — Yes, it's still on. The Molson Canadian Hockey Night Downunder is still going strong. Everyone's been asking us to keep this filled "pe - burnight" experience going!!! Every Saturday Night come watch the hockey game on our BIG screen TV and enter for your chance to win tickets to an NHL game out West. Flight and accommodations included. Draw will be held on February 7th. Those who want to enter the contest must be present at the PUB between 7 and 10 pm. Also!!! Come and play our Canadian Shootout competition for other great Molson prizes.

? January 16th — Come out and test your inner OZZY, Shania Twain, or your inner B\*W\*Y. We will be holding our first karaoke night of the new year. Everyone is welcome to participate. Bring out your groupies and have a great time!

? January 23rd — TOGA! TOGA! TOGA! Yes, that's right! We are having a Toga Party. So grab your best bad sheet or shower curtain and join the gang from ANIMALHOUSE for LU's first ever TOGA PARTY. No safety pins allowed...so use your imagination. At the end of the night we will crown our first ever Emperor and Empress!! Great prizes to be won!

| Sun | Mon              | Tue | Wed          | Thu                               | Fri                        | Sat                           |
|-----|------------------|-----|--------------|-----------------------------------|----------------------------|-------------------------------|
|     |                  |     |              | 1                                 | 2                          | 3                             |
| 4   | 5 Back to School | 6   | 7 Pub Night  | 8 Molson Canadian Love Connection | 9 Late But Great New Years | 10 Hockey down - under 6-10pm |
| 11  | 12               | 13  | 14 Pub Night | 15 Molson Love Connection         | 16 Karaoke                 | 17 Hockey down - under        |
| 18  | 19               | 20  | 21 Pub Night | 22 Molson Love Connection         | 23 Toga Party              | 24 Hockey down - under        |
| 25  | 26               | 27  | 28 Pub Night | 29 Molson Love Connection         | 30                         | 31 Hockey Down - under        |

\*For more info on PUB related events, please call 705 - 675-4811



## Karate in Toronto

By: Stéphanie Julien  
Member of the Laurentian University Karate Club

On November 30, some students from the Laurentian University Karate Club went to Toronto to watch a karate tournament.

The tournament, which took place at Humber College, demonstrated the skills of people of all ages and all levels. From white belt to black belt, the competition was amazing. Although the Laurentian students didn't compete in this particular tournament, the experience gained from watching will still be ever-important in later competitions.

Another tournament is scheduled to take place in the new year and the students from the Laurentian Karate club are excited and anxious to participate. One student in particular, Carolyn Bleach, says that she was "slightly overwhelmed by the experience", yet ready to demonstrate her skills next time. One thing is for sure though, all the students will be training especially hard to be ready to compete.

For information about The Laurentian University Karate Club please visit [www.gojukai-canada.com/laurentian/](http://www.gojukai-canada.com/laurentian/).

## Laurentian Kinesiology Conference to Focus on Health, Safety and Wellness

On March 11 and 12, Laurentian University's School of Human Kinetics, the Mines and Aggregates Safety and Health Association, the Occupational Health Clinics for Ontario Workers Inc., and the Association of Canadian Ergonomists will host the 8th Annual Kinesiology Conference.

The theme of this conference, to take place in Laurentian's Alphonse Raymond Building, is "Health, Safety and Wellness: In the Home and Community."

During the first day, Thursday, March 11, from 1 to 4:30 p.m., Anne Duffy and Joanne Hurd of the Health Care and Health Safety Association will present a workshop on health, safety and ergonomics programs with particular reference to the health-care sector.

On Friday, March 12, at 9:15 a.m., Dr. Richard Wells from the University of Waterloo will present the keynote lecture. This presentation will focus on the implementation of ergonomic programs in the workplace.

That same day at 1 p.m., Dr. Mark Thomas from Lakehead University will present the second keynote lecture which will focus on the implementation of workplace health and wellness programs. A combined lunch and poster session will feature poster presentations by health and safety professionals, cli-

nicians, researchers and students. There will also be information displays by health and safety organizations.

The Kinesiology Conference seeks to create an environment where health and safety professionals, students, workers and researchers can interact to learn more about health, safety and wellness in the community and the workplace. Participants will improve their understanding of ergonomic and wellness program implementation. By reviewing case examples, they will become aware that ergonomic and wellness programs can lead to injury/disease prevention and improved health.

This conference should be of interest to health and safety professionals, including kinesiologists, occupational therapists, ergonomists, occupational physicians, occupational health nurses, physical therapists, health and safety trainers, and individuals working in disability management or wellness. Students studying in the general areas of health, safety and wellness are also encouraged to attend.

More information on the conference, including the preliminary program and registration form, can be found at the following website:

[www.humankinetics.laurentian.ca/Events/Kinesiology\\_Conference.asp](http://www.humankinetics.laurentian.ca/Events/Kinesiology_Conference.asp)

## Jobs Within the Intramural Sports Program

By: Kim Nicholl  
Intramural Assistant

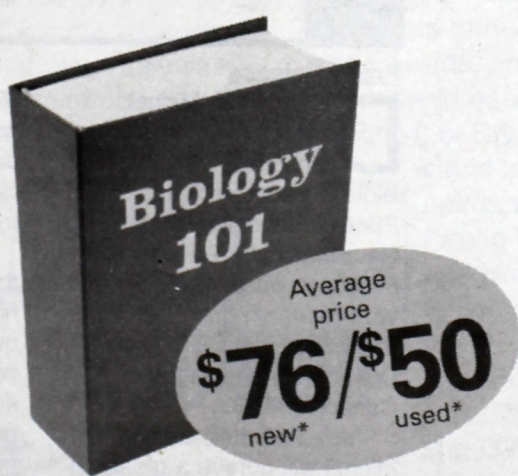
The Intramural Sports Program offers great job opportunities for all full and part-time who attend Laurentian University. Working within the Intramural Sports Program is a fun and exciting experience. It is a great way to make some extra money, with flexible hours that are fitted to your own school schedule.

If you have any referee qualifications for sports that the Intramural Program offers, we need you. We are always in great need for qualified referees in such sports as soccer, basketball, and volleyball. If you are not a qualified referee, we still have a job for you. The Intramural Sports program is also looking for scorekeepers. No extensive experience is required to score keep. You just need a basic knowledge of the sport that you are working with.

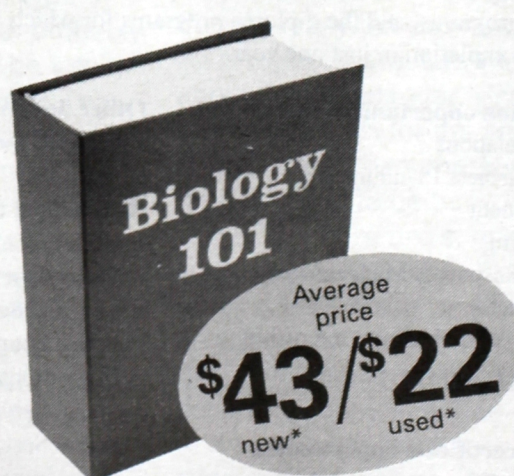
Intramural sports usually run during the week, from 9 p.m. to 12 a.m. in the Ben Avery Building. There are also a few events that take place on weekends. Therefore, it is easy to make your work schedule fit around your class time.

If you are interested, please come in and fill out an application form at the Active Living office. Please bring along a resume and cover letter addressed to Ron Larwood, the Manager of the Department of Active Living. The Active Living office (B-266) is located in the Ben Avery Building and is opened from 9 a.m. to 4 p.m., Monday to Friday and is closed for lunch from 12 p.m. to 1:15 p.m.

### Retail



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## Laurentian Historian Advances the Understanding of the Korean War

Since the invasion of South Korea by North Korea in 1950, much has been written on this three-year conflict that would cause the loss of life of two million military and about three million civilians.

In *The Diplomacy of War: The Case of Korea*, published by Black Rose Books, Laurentian University history professor Dr. Graeme Mount studies the two-year peace negotiation process. Also involved in the production of this book, which seeks to make the complex diplomatic history accessible, is Andre Laferriere, a former Laurentian history student who now teaches at William G. Davis Sr. Public School in Brampton, Ontario.

The book begins in 1947, when Canada was called upon to help supervise elections in Korea. It also examines the outbreak of war and the decision to cross the 38th parallel in October 1950. Since Washington usually does not appreciate Canadian advice on management of the world, Ottawa has in the past responded by joining multinational organizations, where it attempts to persuade other governments to establish a common front. Such a strategy could have been adopted by the Commonwealth organization, five of whose

eight members had combat forces in Korea, in an attempt to influence the White House and State Department.

Through the study of the influence exerted on the Commonwealth organization, Dr. Mount wanted to clarify the role of multinational organizations in such conflicts. He also wanted to determine when the Commonwealth belligerents agreed with each other but not with Washington, and whether they succeeded in changing American policies.

By accessing sources from Australia, Canada, China, the Soviet Union, the United Kingdom, the United Nations and the United States, Dr. Mount researched the policy making in each of the Commonwealth capitals and the complex diplomatic relations between countries involved in the Korean War.

The *Diplomacy of War* reveals that the Commonwealth countries were rarely united in their efforts to influence the American-dominated politics and strategy of the Korean War. It is also outlined that individual countries adopted differing policy position on Korea according to their individual strategic needs.

The *Diplomacy of War* can be purchased in Sudbury at the Laurentian University Bookstore and at Chapters for \$24.99.

## Over the Top . . . Laurentian University Exceeds 2003 United Way/Centraide Target

Laurentian University takes great pride in announcing that it surpassed its 2003 United Way/Centraide campaign goal of \$33,000. As of December 23rd, Laurentian has raised \$37,434.70 through various successful fundraising initiatives such as a pancake breakfast, its Christmas luncheon raffle and employee payroll deductions.

"The Laurentian community should take pride in the institution's strong support of the United Way/Centraide campaign as it has consistently surpassed its yearly target. This success is a true reflection of our employees' commitment to the Greater Sudbury community and their desire to contribute to its betterment. United Way/Centraide is truly

a good cause that deserves our full support and I encourage everyone who hasn't contributed to this year's campaign to do so," said Dr. Judith Woodsworth, Laurentian University President and co-chair of the United Way/Centraide campaign.

Greater Sudbury's United Way/Centraide is committed to building a strong and healthy community for all.

The role of United Way/Centraide is to match the resources of the community to those areas of greatest need. Programs funded by United Way/Centraide respond to health and social service issues in the Greater Sudbury community. As well, United Way/Centraide is committed to community capacity building by initiating various community programs.

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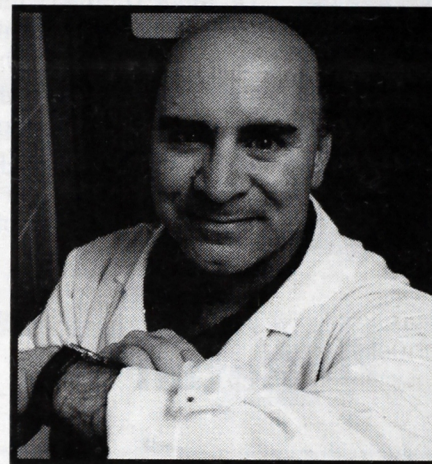
For more information or to discuss transfer credits and program eligibility, contact our Liaison Office by phone at (705) 524-7303 or toll free at 1-800-461-7145, or e-mail us at [info@cambrian.on.ca](mailto:info@cambrian.on.ca).



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## Laurentian Scientist Receives Funding for Neuromuscular Disease Research



of Ottawa, his team's most recent promising breakthrough is the showing of calcineurin's rescue of the symptoms of muscular dystrophy in mice.

Dr. Michel has consistently received research grants from various national funding agencies such as the Natural Sciences and Engineering Research Council (NSERC) of Canada and the

Canadian Institutes of Health Research (CIHR). He was the first scientist to demonstrate calcineurin's crucial role in the growth of adult muscle.

Researchers around the world have taken note of his breakthroughs in this area over the last few years. He was invited to deliver major keynote addresses on muscle growth this past summer at the exclusive Gordon Conferences (USA) and the International Biochemistry Conference (The Netherlands), as well to commission reviews on this subject by at least three biomedical journals.

The MDAC funds research through the Neuromuscular Research Partnership, a joint initiative of MDAC, ALS Canada and the Canadian Institute of Health Research (CIHR). These types of collaborative funding efforts allow MDAC to support a broader range of projects studying the causes, cures and treatments of muscular dystrophy and other neuromuscular disorders.

#### Press Release

Dr. Robin N. Michel, Director of Laurentian University's Molecular Biology Laboratory and Principle Investigator of the Neuromuscular Research Program, was awarded a three year research grant valued at \$231,093 from the Muscular Dystrophy Association of Canada (MDAC).

With this funding, Dr. Michel will pursue a research project entitled "Calcineurin Signaling in the Regulation of Skeletal Muscle Fibre Growth." Calcineurin is an important growth signaling enzyme in muscle, heart and nerve cells. His objective is to better understand calcineurin's orchestral manoeuvres in muscle.

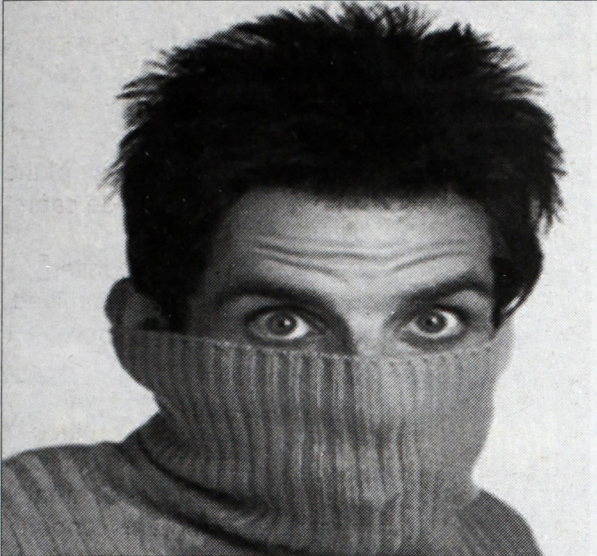
Dr. Michel is now working to decipher the role of other members of the molecular orchestra of muscle growth with the hope that his research in muscle signaling may lead to new therapeutic approaches in curing neuromuscular disease.

Together with collaborators at the University



# For Your Entertainment

## Think About it.....Zoolander.....The Sequel!



By: Marcus Thompson

I love the movie 'Zoolander.' There's just something about it that makes me want to watch it over and over, see any and all movies with Ben Stiller, Owen Wilson and Will Ferrell, and quote lines from it incessantly at any given opportunity.

The weird thing is, I didn't really like it the first time I saw it. I think my first thoughts were that it was that Derek was too stupid and his voice was ridiculous. Yet, upon seeing it subsequent times, the more I felt the need to continue watching it again and again. Unfortunately, now I'm at the point where I've seen it so many times that I can pretty much recite the words along with the movie. I'll be honest, this takes a lot of the fun of watching it and thinking "Yeah, I forgot about that line: but man, is it ever hilarious."

What I'm trying to say is that I love Zoolander, but I almost wish there was more of it to see (and don't suggest the deleted scenes, because I've seen them all too). I propose they make a sequel. Movies like The Matrix, Austin Powers, and The Mummy were similar to Zoolander in that they didn't originally do very well in theatres, but gained such a large following on video that when they came out with sequels they made mad dough. Now, you may be asking "but wasn't the plot line in

the first Zoolander more or less completed? How would they possibly make a sequel?" Therefore, here is my advice on how I could picture Zoolander II's plot going along like.

The movie would start by having the 'Derek Zoolander School for Kids Who Can't Read Good (and want to learn how to do other stuff good too)' getting shut down because all the kids are getting some kind of modeling diseases. Like, their faces would be getting permanently stuck in a certain pose forever, or something like that, but funny. Anyway, the school gets shut down and Zoolander and Hansel are disgraced. Then, somebody gives them a tip, much in the manner of J.P. Pruitt (the world's greatest hand model) from the first one, that this disease is the result of a huge modeling conspiracy ("But, why male models?").

I would choose Ben Affleck as the main bad guy in charge of this conspiracy, as seems like he could be a good bad guy, given all the people who think he sucks already. But anyway, Zoolander and Hansel get back into modeling so they can solve this mystery from the inside. This might have to be related back to the whole VIP bit from the first one, where all male models have unlimited access to secret places. I could picture Vince Vaughn (Old School and Swingers, hello!) taking over the modeling agency business from Maury Ballstein (who would also be in this movie). I think this role would suit his style of comedy: acting really important and confident but doing it hilariously.

Also, the new face of modeling will have changed. Now, the world's biggest male model would be played by Stifler ("he's so hot right now....like a firecracker"), and Stifler won't take kindly to Zoolander or Hansel coming back and trying to get a piece of his action. He could make Stifler type comments throughout, although with probably less F-words, and mostly he would be totally unlike his lame-as-hell characters from The Rundown or Bulletproof Monk. This movie could be the real kick in the ass he needs to stop taking these retarded f\*#(ing roles. Also, it might encourage him to change his name to Stifler legally. Less confusing.... Anyway, later on in the movie the audience could find out that Stifler was being such a dick to Hansel and Derek because he was estranged from his dad just like Zoolander was in the first one. This subplot could be solved by Zoolander's dad talking to Stifler's dad and maybe making some jokes about Mer-Men. Then, as a result Stifler will start to help Zoolander and Hansel, much like Hansel started to help Zoolander in the first one.

Of course, even this movie, as awesome as it seems already, I know - would not be the same without the presence of a certain Mugatu. He would have been sent to jail after the first one, and I picture him being a real leader in there: making all these super tough criminals wear very fashionable things.

Anyway, Zoolander and Hansel, who won't be able to figure out this huge conspiracy right away, will have to go ask Mugatu to help them out. From there, I presume hilarity will ensue. I wouldn't even bother writing any lines for this part. You just know that the three of those guys adlibbing together would be the funniest thing ever. The result of all this of course would be for Mugatu to trick them (they're dumb, it wouldn't be that hard) and escape from prison.

Later, at the end, there will also have been a storyline about Zoolander never having used Magnum again, and not wanting to either. During the final showdown though, he will finally use it on Affleck, but it won't work. Maybe because Affleck is blind or something, although this will probably make people remember 'Daredevil' and how much it blew. Anyhow, Mugatu will come from out of nowhere and ninja-star Affleck. Good times will be had by all. Finally, by this time, Zoolander's wife and David Duchovny, who have been trying to solve the whole 'Kids who can't read good' controversy, will have come up with a solution. Then, things will go back to the way they were. THE END

Note: I know the style of this one sounds quite a bit similar to the first one, but if you recall, the first one was AWESOME! Plus, this one should have a bit more fish-out-of-water type feel to it, as the modeling agency will have changed a lot in Zoolander and Hansel's absence. For instance, instead of walk-offs, they can have stare-downs or something. It'll be crazy. And, I think it would be good if all the characters in the first one were replaced in the modeling world by people that are very similar. Basically, I want to see two Mugatus. Both played by Will Ferrell of course.

On another note, this brief plotline doesn't really tell you how much screen time each of the characters will have. I picture about 25% Zoolander, Hansel and Mugatu each, then 25% for the entire rest of the cast to fight over. Also, there will be some reason for Billy Zane to be back in this movie.

So, here are some ideas for how they could make Zoolander II. If Ben Stiller is reading this, which for some reason I assume he will be, he should totally make this movie. Ben, if you could make a funny trailer, you've got a foolproof \$50 million opening weekend. And no need to thank me. Just make this movie. I'll be waiting. Maybe working on my model face a bit.



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# Black & White Charity Ball

Evening of Saturday, January 31, 2004  
Great Hall, Laurentian University

**From November 17 to December 12:**

\$15/person

\$12/person (table of eight)

**From January 5 to 23:**

\$20/person

\$16/person (table of eight)

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Contact the SGA office (SCE 212) at 673-6547  
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This is an 18+ event. Proper ID required.

All proceeds from this event  
will go to Maison La Paix.

